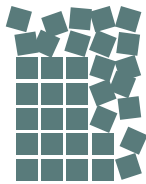


# UK Council for Psychotherapy

Training Requirements of UKCP



**UKCP**<sup>®</sup>

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The aim of this paper is to identify rigorous requirements which are capable of interpretation and implementation by each Section of the UKCP within their particular orientations. Their implementation is to be within an Equal Opportunities framework.

The requirements were endorsed by the 1993 AGM and the Governing Board of UKCP.

## 1. ENTRY REQUIREMENTS

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1.1 Entry is at a postgraduate level of competence.

1.2 Candidates must have personal qualities that make them suitable for the profession of psychotherapy.

1.3 Candidates should have relevant experience of working with people in a responsible role.

## 2. THE MINIMUM CURRICULUM

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Allowing for appropriate consideration to be given to previously acquired knowledge and competencies, any training shall include:

2.1 The study of the theory and practice of psychotherapy from assessment to termination.

2.2 Acquisition of a critical understanding of the relevance of studies in human development, psychopathology, sexuality, ethics, research and social science.

2.3 Supervised practice of psychotherapy.

2.4 Arrangements to ensure that the trainees can identify and manage appropriately their personal involvement in and contributions to the processes of the psychotherapies that they practice.

2.5 An introduction to the range of psychotherapies and counselling so that trainees may have an awareness of alternative treatments.

2.6 An opportunity for trainees to develop the capacity to recognise severely disturbed clients.

2.7 The development of ability to recognise when the practitioner should seek other professional advice.

## 3. 'BASIC REQUIREMENTS OF TRAINING COURSES'

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3.1 The training shall be at postgraduate level

3.2 The length of training shall be appropriate to permit the consolidation and integration of theoretical knowledge and clinical experience and shall not normally be shorter than four years part-time.

3.3 Each training shall, be validated by the Section to which the organisation belongs.

3.4 The assessment of students functional competence at qualification shall involve appropriate professional scrutiny independent of the particular course.

3.5 Each training course shall have a properly constituted body for the assessment of students.

3.6 Written work and evidence of practice shall be available for scrutiny by assessors.

3.7 Training courses shall have published appeals procedures.

3.8 The validation of every training course shall be reviewed by the appropriate Section at intervals of not more than five years.

3.9 All training courses shall have published selection criteria and selection procedures.

3.10 All training courses shall publish the code of ethics and practice to which they adhere.

3.11 Training courses shall have mechanisms for safeguarding the rights of students including:

3.11.1 Students consultation, and

3.11.2 Complaints procedures.

3.12 Training courses shall publish clear information on the length and time-frames of courses: and a definition of supervised practice with clients.

3.13 Training courses shall publish details of course requirements, curriculum and assessment.

3.14 All courses shall work towards methods and regulations for processing APEL (Assessment of Prior Experiential Learning) and CATS (Credit Accumulation Transfer System) claims where relevant.

## 4. QUALIFICATION AND REGISTRATION

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4.1 Training organisations shall specify whether qualification coincides with recognition of candidates as eligible for Registration by UKCP.

4.2 Where qualification and Registration do not coincide, organisations are to specify what further professional development is required for Registration.

4.2.1 The definition of such further professional development might include considerations relating to the nature of supervision/consultation and the range, quality and intensity of practice and/or study.

4.2.2 Where qualification and Registration do not coincide, the process of assessment of readiness for Registration shall correspond in general to the requirements of section

